

# STARR NEWSLETTER

PARENTS, FAMILIES & FRIENDS ALLIED WITH THE LGBTQ COMMUNITY

[www.pflagLA.org](http://www.pflagLA.org)

## President's Message



### SERVING IN THE PANDEMIC

Now more than ever, LGBTQ persons, families and youth need PFLAG Los Angeles. In the midst of isolation, online school or work, and social distancing, young people are still discovering their sexual orientation and/or gender identity. Parents are still adjusting to the reality of a gay son or a transgender daughter. All in the pressure cooker of the pandemic.

PFLAG Los Angeles has responded by holding six meetings a month—our traditional all-inclusive meeting, the Gender Focus meeting, and four Spanish-language groups. Attendance equals or surpasses our former in-person meetings. Participants join us from distant location such as Palm Springs and even Arizona.

Adapting took some work. We have set up a reservation system to ensure safety. We have revised guidelines to accommodate the challenges of online meetings and to maintain confidentiality. But the time-tested PFLAG hospitality still comes through with warmth, encouragement and support for all comers.

Our Speakers Bureau is also adapting to the new reality. We have done panels for businesses and classrooms on Zoom. Currently, we are exploring ways to record panels, which can be used in either online or in-person classrooms. This will allow teachers flexibility and protect our speakers from exposure to the COVID virus.

As always, we count on your support to sustain our work. You can donate online at [pflagla.org/donate/](http://pflagla.org/donate/) or mail a contribution to PFLAG Los Angeles, P.O. Box 24565, Los Angeles, CA 90024.

Finally, we'd love to see you at one of our meetings. It's easy and there's no traffic to fight! Go to our homepage at [pflagla.org](http://pflagla.org) and click on the link to request an invitation.

### A Remembrance of Board Member Melanie Woloz

On Saturday, January 9, 2021,

PFLAG Los Angeles lost

Melanie Woloz, a friend,

a board member, and a

passionate activist for the

LGBTQ community.



Melanie began coming to PFLAG Los Angeles meetings in 2013 and became a member in 2014. She came because she was proud of her gay son, and wanted to support other parents in celebrating their LGBTQ children.

In 2016 she became a PFLAG Los Angeles Board member. Melanie was an amazingly inventive and energetic person. She soon had us trying new ways to promote our chapter, such as branded shopping bags filled with our literature for meetings and conferences. *(continued on the following page)*

SUPPORT EDUCATION ADVOCACY

## Remembering Melanie Woloz

– Board Member PFLAG Los Angeles

In 2018 Melanie became our Speakers Bureau Coordinator, managing our 30-40 engagements a year. It is a detailed job involving communicating with organizations who requested a panel, recruiting our volunteer speakers, and informing participants about meeting details. She also began sending reminders to speakers who were scheduled at our monthly meetings, and following up with thank-you notes. With her formidable organizational skills, she handled it all superbly.

Her deep concern for LGBTQ youth led her to volunteer as our representative to the Steering Committee of Models of Pride (MOP) sponsored by the LA LGBT Center. She held that job for three years until the pandemic. She loved working at the conference helping to set up tables, hand out brochures, and talk to parents.

Clearly her passing is a major loss for the chapter, but also, personally for the officers and other board members. Melanie was full of life, creativity and an ardent LGBTQ ally. We will all feel her absence acutely. –END

## Appreciation of Chris Haiss

*Newsletter Editor 2000 – 2021*

**Chris Haiss has been writing and editing the PFLAG Los Angeles Newsletter since 2000. His dedication to our chapter and to the cause of LGBTQ visibility and civil rights has made him our longest serving board member.**

Beginning with no experience as a newsletter editor, he created an amazingly rich and interesting product. It included, of course, essential information about PFLAG Los Angeles—our mission, the dates of our support

meetings and information about speakers, and our activities in the community. He also advertised events in the LGBTQ community—from performances of the West Coast Singers, to Outfest, the Pride Parade, the Models of Pride Conferences and many more.

He developed a column called TransAction, reporting information crucial for the underserved transgender community, covering political, medical, and social information relevant to those with transgender and non-binary identities and their allies.

Most importantly, Chris documented the LGBTQ struggle for civil rights—not only in Los Angeles but throughout the nation and the world. These newsletters are the history of PFLAG Los Angeles and the history of LGBTQ life and struggle for the last 20 years.

We are pleased to announce they are all being archived on our website at [pflagla.org/newsletter-archives/](http://pflagla.org/newsletter-archives/). We invite you to browse the offerings and see how far we have come.

Our deepest thanks go to Chris Haiss for his wide-ranging perspective, his unfailing commitment to our chapter, and his deep professionalism as a newsletter editor. We have dedicated the archive to him.

## Our Stories

– York Knowlton, Board Member PFLAG Los Angeles

When I was young, I knew you're not supposed to be attracted to boys, but I was. I was pretty young when I started experimenting with other boys, but I was also attracted to girls. When I was 13 or 14, I had a crush on a girl I used to ice skate with. One day our families went to Disneyland and my mom caught us making out on the Mr. Toads Wild Ride. The next day I was quizzed and scrutinized by my mother. Her final words, which echoed in my mind for many, many years was, "You better not get her pregnant". Geeze Mom... I was only 14!

When I was around 16, I discovered the Los Angeles Free Press. It was full of classified ads for straight and gay people to meet. Once, I took the plunge, telling the guy I was 18. Around the same time in high school, I was dating a girl.

I graduated when I was 17 and I got a great paying job as a color darkroom technician. Since I intended to make a career in photography this seemed a perfect fit. I convinced my parents to let me get an apartment so I wouldn't have to drive 45 minutes to work. Around this time, I was dating another girl. There was a play she really wanted to see, or maybe deep down she wanted me to see, it was "Boys in The Band." I identified with two characters in the play. That started me thinking, "OK, here I am with this girl and I really like her. But look at these two hot guys. They seem like me." It was also the first time I heard Diana Ross's "Touch Me in The Morning". Somehow that combination made me get a copy of the Free Press to find a gay bar to go to.

“When did you come out?”

“I got here about 8:30.”

“No, when did you Come Out, how long have you been gay? ”

After Dark was the largest and most popular club, it was on Beverly Blvd near La Brea. Unknowing, I arrived so early that the doorman's shift had not started so I was not carded. I was 17 and walked right in. The huge dance floor was empty, so I ordered a drink and went upstairs to play pool by myself. After a while I didn't realize how full the bar was getting. All these guys were really handsome. One guy started talking to me and asked "When did you come out?" "I got here about 8:30." "No, when did you Come Out, how long have you been gay?" "I guess ... 8:30", "How old are you?", "I'm 18." "I'm outta here" and he left. I quickly learned to say I was 21. I went downstairs and there were hundreds of gay men dancing. They didn't match the stereotypes that had been ingrained from TV. That was the first time I made out with a guy. I kept on thinking, people are seeing me kissing a guy. It was very weird and so foreign, but that was the time I officially knew I was gay and excited about that.

“Why would any of your friends tell this queer to call you?”

The lab tech job did not pan out and I briefly moved back with my parents and quickly landed a retail job in Westwood. I was looking for a roommate in Hollywood and posted something at the LA Gay Center.

One afternoon I was visiting a girlfriend at her parent's house, when my mom called. Her only words were, "When are you coming home?" I said, "Mom, I just got here, in a few hours." She abruptly hung up. About 20 minutes later she called again, asked a few more odd questions and hung up again, just to call back 10 minutes later. "Mom, what's going on?" She said, "Somebody had called for you". "Who was it? What's the message?" Using a stereotypic effeminate voice and said, "Can I please speak with York? He'ssss looking for a roommate." Switching back to her normal voice "Who is this faggot, and why would a faggot be calling you?" I said, "Mom, a lot of friends know I'm looking for a roommate." "Why would any of your friends tell this queer to call you? You're coming home, NOW." She slammed the receiver down. There was nothing I could do but say "OK" to a dial tone.

I walked in the house, sat on the couch and she was going on and on. "Why? Why? [\(continued on the following page\)](#)

## Our Stories

– continued from previous page

Tell me why your friends would suggest a queer for a roommate?" I so wanted my words to be impactful and dramatic but the best I was able to come up with was, "Well Mom, birds of a feather flock together." She feigned a heart attack and made a dramatic gasp as if I had told her I just murdered fifty million people. "Who did this to you? It's those people up at that Bullocks department store!" My response was, "Come on Mom. I'm the textbook homosexual stereotype." "And what do you mean by that?" I said, "I have a controlling mother and a distant, detached father." "Oh! So, you're going to pull a guilt trip on me? You are not to tell your father, and this conversation is not done."

That how I came out. I was 17. Shortly after that I did find a roommate and moved out. I would still make the hour drive for bi-weekly visits with my parents, but my mother often was unpleasant and just plain ugly. I was not close to my dad, so that relationship stayed the same.

“... I'd prefer [York] to be a heroin addict than a homosexual.”

My mom insisted I go to a therapist, she thought it would cure me although the therapist told her that if I was gay, there was nothing to cure but she would help me with what issues I was having. At some point my mom was over her head with frustration of me being gay. When I was about 20, unbeknownst to me, my mother started seeing my therapist separately. The therapist told her, "You need to tell your husband." That evening my mom told my father that I was gay. The next morning, she called and told me that I was expected to join them both at a family therapy appointment on Monday.

I met them there. In this session my mom did all the talking and answered on my dad's behalf. Finally, the therapist turned and addressed my dad directly, "George, what do you think about this?" My mom started to answer but the therapist interrupted, "No, Emma, I want to hear from George."

Behind sunglasses, which he never wore inside, he said, "Well, York's my son, I love him. But I'd prefer him to be a heroin addict than a homosexual." It was weird that it didn't bother me, it was just so ludicrous, I knew he had no idea what he was talking about.

“I'm not doing this anymore.” ...  
“What do you mean?”  
... “I'm disowning you.”

Shortly after, my dad was on an extended trip in Alaska helping my older brother with stuff. I had planned to celebrate Christmas eve with my best friend and her family. My mom was irate. How could I not spend Christmas eve with her! I said, "Mom, we don't do anything on Christmas eve. You go to bed at 9 o'clock. What's the big deal?" She was getting angrier and angrier and making me angry as well. The next morning, I drove down to spend Christmas day with her, but she wasn't there, only a note. She had left the day before to spend Christmas eve/day with other family members. I remember her note was pretty harsh.

That was the last straw. We stopped our almost daily phone calls, it was a few weeks later when she finally called and acted as if nothing had happened. "Hi honey, are you coming down on Sunday?" In a somewhat stern voice I told her. "OK, but just know I have things I need to say to you."

When I arrived there, we sat and my mom starts to say something. I stopped her and said, "No. You will listen and not interrupt me." She grinned and said "OK." "Mom, this isn't working. All the energy you're putting into praying to "Saint Make My Son Straight" is making my life miserable and even more challenging than it already is, I'm not doing this anymore." She said, "What do you mean?" I said, "I'm disowning you." "You're disowning me?" "Yes, mom. I'm sorry. This is who I am and you can't accept it. I don't want you to be part of my life any longer." She said, "You've given this a lot of thought, what do you plan to do about college?" "I assume you're not going to pay for it, so I'll be dropping out." I said a couple more things and paused. "Are you done, may I speak now?" "Yes." *(continued on the following page)*

## Our Stories

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“I’ve been doing a lot of thinking and praying as well. I apologize. I know I’m wrong and I will change, will you please forgive me? I love you and I will change, I promise.”

I believe the Christmas fiasco and few weeks of silence allowed her time to question what her faith told her about homosexuality. She read the Bible regularly and during these few weeks she was able to receive the answers and peace she was looking for. I don’t think my threat of disownment had anything to do with her apology, she had already seen the light. That is why she wanted to see me that Sunday.

After that things did change, radically. If I was dating somebody, she’d say, “Oh! When do we get to meet him?” I was bringing my boyfriends to their house for dinner. My mom AND my dad really liked them. They started seeing that my gay and lesbian friends were wonderful people.

I remember one time going to my boyfriend’s apartment, he’d just gotten off the phone and said, “Guess who we’re seeing on Sunday?” I recited a list of our favorite friends, each time his response was “Nope, it’s Emma and George!” “What!? You were talking to my parents?” “Yes, we’re

having brunch with them on Sunday.” “Are you kidding me?” “York, they’re great people, it will be fun.” He was six years older than me and truly bonded with my parents. We were together for two and a half years, after we broke up my father passed, but my mom and I kept in contact with him. My mom and my ex-sister-in-law even went to New York to stay with him and see the city!

One time I took my mom to Long Beach for a picnic and we had great time. On our way home she says, “I was thinking most of our relatives your age have been arrested, doing drugs or divorced two or three times. I can’t believe I’m going to say this, but I’m so happy that I have a gay son. Your boyfriends are nice, well-groomed and polite.”

Many years later after my mother passed, I met my husband Stuart. Early in our relationship we were reading this book *Getting the Love You Want* by Harville Hendrix. It proposed that we often seek people who have traits similar to a parent or other significant people during our formative years.

Stuart never had the chance to meet my parents so I told him about what life was like for me growing up with Emma and George. We discovered that our parents were very similar. Stuart took more after his father and I took more after my mother. Once we understood how those early relationships shaped us individually, it helped us form a healthier relationship as a couple. *(continued on the following page)*

**PLEASE  
SUPPORT  
OUR  
WORK!**

**As an all-volunteer organization, our work is made possible only with the generous contributions of our donors. Your contributions support our monthly meetings, website, helplines, Speakers Bureau, and outreach to ethnic and faith communities.**

**PFLAG Los Angeles is a 501(c)(3) charitable organization and 100% of your donation supports our programs. When you make a donation of \$35 or more to PFLAG Los Angeles, \$15 of your donation goes to PFLAG National and makes you a member of PFLAG National as well.**

Donate online at: [www.pflagLA.org/donate](http://www.pflagLA.org/donate)

## Our Stories

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I spent time getting to know Stuart's parents before he came out. I truly loved spending time with them. I told Stuart I did not want to live in secret. That is when he started to attend PFLAG Los Angeles. With the help and support he received at the meetings he had the strength to talk to his parents. I know it really helped. Stuart's parents were very religious, attending church a couple times a week. When he came out to his parents, there was no drama or years of misery like I had. Just love and support.

**“... I bonded with Stuart's father in a way I wish I had with my dad.”**

Stuart's mother passed away a couple years before our wedding, but his father attended and gave the opening prayer at our ceremony. His father was great, I just loved him. I did not have a close relationship with my own father though I bonded with Stuart's father in a way I wish I had with my dad. I called him dad and in a weird and beautiful way, my close relationship with him healed the relationship I had with my own father.

Now, how did I get involved with PFLAG? That was because of Stuart. One day he asked, “Why don't you come to a meeting with me?” “I don't need it.” “York, the people are really nice, I want you to meet them.” Well, one meeting was enough for me to know I wanted to get involved with the organization. I had been volunteering for other non-profits since the 80's, it was not long before I took over as PFLAG Los Angeles's webmaster and graphic designer.

Attending meetings was so important to me. Parents of children (no matter their age) need to hear what supportive parents are like. Parents who are confused or struggling need to hear stories like mine. “Oh it was hideous, it was awful. My dad wanted me to be a heroin addict. A few years later he's baking a cake with my boyfriend.” It took a bit of time, but my parents were the best. Their love and support made all the difference. Yes, it happens!

The common denominator in my situation with my parents is love. The love of a parent for their child and the love for a child for a parent. The stumbling block is most often acceptance. Once that happens, love can take over and when it does, it is a beautiful thing. PFLAG Los Angeles assists both in a journey toward acceptance through to celebration. – **END**

## From the Editor

– Chris Haiss

### **Everything ends, sooner or later, in the one or other way...**

No, I'm not talking about PFLAG Los Angeles. After all these years, we're still here, currently holding virtual support meetings for LGBTQ persons and their families. Can you believe it? -- We're now offering four(!) support meetings in Spanish, one Gender Focus meeting, and our traditional meeting in English that we've held in person for many years in Westwood pre-COVID-19. And when you think that we became a nonprofit organization back in 1982, well, it feels like PFLAG will NEVER end!

But 2020 came and went. COVID-19 came and, unfortunately, has not yet ended.

The Trump presidency came and went. It brought hate and violence and a deep divide that has not yet ended. Do you remember...? Within hours of Trump's swearing-in, pages on LGBTQ rights and recognition were removed from government websites, including the White House. He appointed anti-LGBTQ judges; submitted amicus briefs in support of LGBTQ discrimination; banned transgender service members from serving in the military; issued regulations designed to allow federal contractors to claim a religious exemption to fire LGBTQ workers based solely on their sexual orientation and/or gender identity; tried to eliminate the Affordable Care Act that for the first time provided non-discrimination

## From the Editor

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protections for LGBTQ people; created a Conscience and Religious Freedom Division with the sole purpose of defending and protecting physicians and other medical professionals who decide to refuse care to LGBTQ patients; eliminated guidance for schools on transgender students; allowed emergency shelters to deny access to transgender and gender nonconforming people; ...; and at the 11th hour published a federal regulation that would permit discrimination across the entire spectrum of Health & Human Services programs receiving federal funding...thank you, HRC, for keeping track of an unprecedented anti-LGBTQ and anti-family era that has officially come to an end.

The Biden presidency came and along with it a glimpse of hope. What did President Biden do on his first day in office? He issued a sweeping executive order, the “Executive Order on Preventing and Combating Discrimination on the Basis of Gender Identity or Sexual Orientation,” protecting against discrimination in schools, health care, the workplace and other realms of American life. And shortly thereafter he lifted the ban on transgender people in the military.

At this point in time, reflecting on the past four years, including January 6, and looking forward, I think it is important to remind ourselves of the Preamble to our Constitution: “We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.”

Elections matter. Elections have consequences.

President Biden nominated Dr. Rachel Levine, a transgender woman, as Assistant Secretary of Health & Human Services. If confirmed, she would become the highest-ranking trans official in US history. (She has been subject to a relentless transphobic smear campaign by anti-LGBTQ conservatives, their typical MO.) He appointed Ned Price, an openly gay man, as State Department spokesperson. Voters in Oklahoma elected Mauree Turner, the first nonbinary person and first Muslim lawmaker to serve in a state legislature. Illinois set a milestone electing its first openly transgender person, Jill Rose

Quinn, as a judge in Cook County, which will make her the fourth openly trans judge in US history. In Kansas, Stephanie Byers, who is Native American, became the first openly trans state lawmaker of color elected. Gay eighteen-year-old Tony LaBranche won a seat in New Hampshire’s state legislature, becoming one of the youngest elected officials in the US. Taylor Small was elected to the Vermont House of Representatives and will be the state’s first openly transgender legislator. And Delaware elected Sarah McBride, making her the country’s first transgender state senator. New York made history by sending the first openly LGBTQ Black members to Washington to serve in Congress: Mondaire Jones and Ritchie Torres.

These elections are over. And what also comes to an end is my time as your PFLAG newsletter editor. Now, I must say, me being the newsletter editor ended rather later than sooner. What was supposed to be a temporary fill-in back in the summer of 2000 until the chapter could find a new editor has become a lifetime, or so it feels. My first newsletter was Newsletter 206, August-September 2000. At that time it didn’t really have a name. It was printed and snail-mailed, and several copies were placed in stores long gone, like A Different Light bookstore in West Hollywood. For me it was very important to include in my very first issue definitions of HETEROsexuality as found in older dictionaries, such as “depraved feeling toward the opposite sex,” or “abnormal or perverted sexual appetite toward the opposite sex.” Who knew?!

In fall 2012 we presented you with a brand new newsletter design that added color. We named it the PFLAG Los Angeles STARR, our STARR newsletter, after Adele Starr, in honor of our founder. And now you’re reading #285 and I hope you enjoy it. As you might have read on our website, we are preparing our newsletter archive. So, please come back often and check.

I want to thank all of you, not only for reading our newsletter throughout the years, but also for having the courage to stand up for the LGBTQ+ person in your life, as a family member, as a parent, as a caregiver, as a sibling, as a friend. It is not always easy to do the right thing. Especially when others are trying to make us believe that what we’re doing is wrong. Yes, even to this day. It can never be wrong to stand by the LGBTQ+ person in your life, because there might not be anybody else other than you.

**Wishing all of you a healthy and peaceful 2021!**

– Chris Haiss

# TransAction

## **Biden lifts Pentagon's ban on transgender people serving in military**

President Joe Biden has signed an executive order that lifts the Pentagon's ban on transgender people serving in the military. It had been put in place by the Trump administration.

"What I'm doing is enabling all qualified Americans to serve their country in uniform and essentially restoring the situation that used to be before, where transgender personnel -- if qualified in every other way -- can serve their government in the United States military," he added.

*[<https://abcnews.go.com/Politics/biden-lift-pentagons-ban-transgender-people-serving-military/story?id=75460373>]*

## **Sarah McBride to become first transgender state senator in U.S. history**

Sarah McBride has won her Delaware state Senate race, poising her to become the first and only openly transgender state senator in the U.S. and the country's highest-ranking transgender official.

"I hope tonight shows an LGBTQ kid that our democracy is big enough for them, too," McBride, 30, tweeted Tuesday night after the election was called. "As Delaware continues to face the COVID crisis, it's time to get to work to invest in the policies that will make a difference for working families."

She easily defeated Republican Steve Washington to represent Delaware's 1st Senate District. Incumbent Democrat Harris McDowell, who did not seek re-election after 44 years, had endorsed McBride.

*[<https://www.nbcnews.com/feature/nbc-out/sarah-mcbride-become-first-transgender-state-senator-u-s-history-n1246211>]*

## **Biden To Nominate Transgender Doctor Rachel Levine As Assistant Health Secretary**

President Joe Biden has nominated Pennsylvania health expert Dr. Rachel Levine to be assistant secretary for health in the department of Health and Human Services, in a move that could make Levine the first openly transgender federal official to win Senate confirmation.

"Dr. Rachel Levine will bring the steady leadership and essential expertise we need to get people through this pandemic — no matter their zip code, race, religion, sexual orientation, gender identity, or disability — and meet the public health needs of our country in this critical moment and beyond," Biden said in a statement about the nomination.

Levine has previously won state Senate confirmation in Pennsylvania, including a unanimous vote in 2015 to endorse her as Pennsylvania's physician general. She then rose to the role of secretary of health, also with the state Senate's approval.

*[<https://www.npr.org/sections/biden-transition-udates/2021/01/19/958291157/in-historic-first-biden-to-nominate-transgender-doctor-as-assistant-health-secre>]*

## **Victory in Alabama!**

A federal judge nixed Alabama's ban on trans people correcting driver licenses without surgery and said the state couldn't even say why it required both top and bottom surgery to correct the gender marker on a driver license.

Alabama argued in court that maintaining the rule "serves the important government interests in maintaining consistency between the sex designation" and cited the need for law enforcement to have someone's sex assigned at birth as opposed to their gender as "information related to physical identification."

"By making the content of people's driver licenses depend on the nature of their genitalia, the policy classifies by sex; under Equal Protection Clause doctrine, it is subject to an intermediate form of heightened scrutiny," Judge Myron Thompson wrote in his opinion.

"The State's justifications for the policy fall short not because of the policy's consequences for transgender Alabamians, but because the government's interests are insubstantial or were formulated post hoc, and because that policy is inadequately tailored to advancing them."

*[<https://www.lgbtqnation.com/2021/02/federal-court-nixes-alabamas-ban-trans-people-correcting-driver-licenses-without-surgery/>]*



## Quote - Unquote

"Every person should be treated with respect and dignity and should be able to live without fear, no matter who they are or whom they love."

— Excerpt from President Biden's Executive Order on Preventing and Combating Discrimination on the Basis of Gender Identity or Sexual Orientation, January 20, 2021

PFLAG Los Angeles is an all volunteer, non-profit 501(c)(3) charitable organization run by parents, family members, LGBTQ persons and their friends. Each of us came for help, found support, and joined the organization to assist others on their journey to acceptance. Our chapter, together with a group in New York City, founded the national PFLAG organization, which provides assistance to over 350 independent chapters nationwide.

**OUR VISION:** PFLAG envisions a world where diversity is celebrated and all people are respected, valued, and affirmed inclusive of their sexual orientation, gender identity, and gender expression.

**OUR MISSION:** By meeting people where they are and collaborating with others, PFLAG realizes its vision through:

**Support** for families, allies and people who are LGBTQ;

**Education** for ourselves and others about the unique issues and challenges facing people who are LGBTQ;

**Advocacy** in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ.



P.O. Box 24565, Los Angeles, CA 90024  
[info@pflagLA.org](mailto:info@pflagLA.org) 888.735.2488

### **PFLAG LOS ANGELES BOARD**

Adele Starr, *Founder*

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**Newsletter Editor:** Chris Haiss

Graphic Design: York Knowlton, [imagine-Y.com](http://imagine-Y.com)

# REMEMBER

When you no longer need **PFLAG**, that's when **PFLAG needs you!**

## PFLAG LOS ANGELES SUPPORT MEETINGS

Join us each month at our  
online support meetings!

Visit our website to RSVP – [www.pflagLA.org](http://www.pflagLA.org)

### WESTWOOD

3rd Wednesday of each month  
7:00 - 8:30 pm

### GENDER FOCUS

2nd Thursday of each month  
7:00 - 9:00 pm

### PFLAG ESPAÑOL

[facebook.com/pflagsocalespanol](https://facebook.com/pflagsocalespanol)

## RESOURCES

### SPEAKERS BUREAU

Contact Liz Mullen at  
[SpeakersBureau@pflagla.org](mailto:SpeakersBureau@pflagla.org)

### INFO / HELP LINES

**PFLAG Los Angeles** - English and Spanish  
1.888.PFLAG 88 (1.888.735.2488)

### NATIONAL PFLAG ORGANIZATION

PFLAG National  
202.467.8180  
[www.pflag.org](http://www.pflag.org)

### THE TREVOR PROJECT

24-hour suicide prevention line  
866.488.7386  
[www.thetrevorproject.org](http://www.thetrevorproject.org)

### YOUTH ADVOCATES COALITION (YAC)

Events Calendar, Resources and Scholarships  
[www.lalgbyac.org/calendar](http://www.lalgbyac.org/calendar)

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Your everyday purchases or gifts can help PFLAG Los Angeles expand its mission  
of support, education, and advocacy.

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<http://smile.amazon.com/ch/95-3707419>